About Being a Confessing Church vis-à-vis HIV/ AIDS

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“I was sick with AIDS and you did not visit me. You did not wash my wounds, nor did you gave me medicine…. I was stigmatized, isolated, and rejected because of HIV/AIDS and you did not welcome me. I was hungry, thirsty, and naked, completely dispossessed … and you did not give me food, water, or any clothing. I was a powerless woman exposed to the high risk of infection and carrying a huge burden of care, and you did not come to my rescue. I was a dispossessed widow and orphan and you did not meet my need … The Lord will say to us, “Truly I tell you, as long as you did not do it to one of the least of these members of my family, you did not do it to me.””


1. Orphans and widows. In 1982, Belhar powerful confessed a God ‘of the destitute, the poor and the wronged.’ A God who helps orphans and widows and calls his church to follow him. ‘For him pure and undefiled religion is to visit the orphans and the widows in their suffering’. The authors of this prophetic confession could not have presumed how true their words would become within twenty years. More than 14 million children below the age of 15 have lost one or both parents due to HIV/AIDS, 11 million of them in sub-Saharan Africa.[3] By 2010, the number of orphans will have risen to 25 million, perhaps to more than 40 million. In South-Africa alone, the number may increase from 2.2 million (13% of all 2 – 14 year-old children) in 2003 to 3.1 million (18% of all children) by 2010. A Lord of the Flies syndrome is emerging: children bringing up children.[4] Stigmatized as an ‘AIDS orphan’, the impact of their destiny even gets more traumatizing. A vicious circle begins, of depression, anger, guilt, and fear for their futures. When they grow up they are easily led to alcohol and drug abuse, aggression, even suicide. ‘Poverty and social dislocation also add to an orphaned child's emotional distress. A parent’s death also deprives them of the learning and values they need to become socially knowledgeable and economically productive adults.’[5]
The global AIDS pandemic is just beginning, with no end in sight. Some 67 million people worldwide have been infected since the disease was first detected twenty years ago. By 2021 AIDS will be killing 5 million people a year. In the worst case the toll could be 12 million. The pandemic is not going to peak until about 2050, 2060. Seventy per cent of the adults and 80 percent of children infected with HIV/AIDS in the world live in Africa. Three fourths of those who have died, died in Africa. In particular, South Africa immensely suffers with one out of every five adults infected, that’s about five million infected people, the largest number in any country. In 2003 South-Africa had the largest number of people living with HIV/AIDS in the world. It is estimated that 6 – 7.5 million will be infected by 2010 in this country.[6]

Statistics do not cry. Mothers do. ‘Can you hear Mother Africa weeping for her children?’, Musa Dube (Botswana) writes, referring to the lamenting Rachel (Matthew 2: 18), ‘Can you hear the sound of her tears? Do you understand why she refuses to be consoled?’[7] African women weep because of their husbands lost on AIDS, suffering their own stigmatization, fearing the prospect of their own possible illness and probable death.[8] Grandmothers mourn the loss of their adult children, and have to take care of their orphaned grandchildren.

Though HIV/AIDS affects both men and women, women are vulnerable in a special sense, for several reasons. They carry the heaviest burden. Not only are they – physically speaking, especially young girls - more susceptible than men to sexually transmitted diseases.[9] But HIV positive women also transmit the virus to their children by birth or breast feeding. However, it is not biology but culture that makes them suffer the most. Because of the inequality between men and women they lack in most of the cultures the power to dispose freely over their bodies.[10] Often they are subject to domestic and/or sexual violence.[11] In some communities HIV positive women are stigmatised and excommunicated, treated not as a victim, but as the source and the cause of evil. Their economic dependency increases their vulnerability to HIV/AIDS. Poverty makes it more likely that women will exchange sex for money or favours, less likely that they will succeed in negotiating protection, and less likely that they will leave a relationship that they perceive to be risky. In addition, the burden of care for women is huge: they often care for the increasing number of orphans and the chronically sick. (Weinrich/ Benn, o.c.[12]) HIV positive women bear a double burden: they are infected and they are women. When we use widow as a metaphor for women who
have lost their hope, faith and love in life, one can say that the AIDS pandemic widows Africa.

2. A new kairos? Where is the God who cares for the African orphans and widows, living with HIV/AIDS? Where is the church to follow him? Here I only speak with hesitance, as an outsider. South-African churches which suffered severe political oppression and fought apartheid with determination, seem to be overcharged. They carry an unbearable task. Still in the midst of a reconciliation process with its former enemies, a new enemy appears and has to be confronted. If these churches still want ‘to stand where God stands’, they have to move on, change strategies, revalue its priorities, reinvent its theological discourse. ‘The time has come. The moment of truth has arrived. South Africa has been plunged into a crisis that is shaking the foundations and there is every indication that the crisis has only just begun and that it will deepen and become even more threatening in the months to come. It is the kairos or moment of truth not only for apartheid but also for the church.’[13] With these words a group of South African theologians began their now-famous theological comment on the apartheid state in the mid-1980s – the Kairos Document. The South African theologian T. Maluleke (UNISA) suggests that these words should be said again today, but now in relation to HIV/AIDS. Since the epidemic has led into ‘a crisis that is shaking the foundations and there is every indication that the crisis has only just begun and that it will deepen and become even more threatening in the months to come’. As apartheid, Maluleke suggests, the HIV/AIDS crisis challenges the church to show up for what it really is.

3. A paradigm shift. So things did not change? In fact, they did. Vis-à-vis the HIV/AIDS pandemic, a confessional church faces the need of a paradigm shift in its inner attitude, a re-conceptualisation of its public responsibility and religious vocation. The battlefield seems to have shifted from politics to sex, from ideology to medicine, from the public arena to the private sphere, from militant discourse to the intimacy of the body. The virus will not be conquered by the violence of arms or the strength of consciences and characters, but by laboratories and radical behavioural change in sexual practices. Barmen and Belhar faced political enemies (‘State theology’ in the terminology of the Kairos-document) who challenged the church to be militant and prophetic; HIV/AIDS seems to require a priestly church, a healing community, where people living with HIV/AIDS can find support and comfort, care and community.[14] In order to respond to this shift in context and challenge adequately, church leaders are confronted with a need of change in their style of leadership. Under political oppression, they were forced to speak
and think in a militant style focussing on public courage, sharpening oppositions and making clear divisions between ‘us’ (the oppressed) and ‘them’ (the oppressor). HIV/AIDS demands an inclusive attitude and discourse, a language and practice of care and empathy. The political metaphor of ‘struggle’, ‘war’, ‘combat’ etc. seems to have only a limited sense in facing HIV/AIDS.[15] Perhaps ‘liberation theology’ has to be reconsidered as an all-embracing theological paradigm. The ‘oppressor’ now lives within our bodies; the enemy is a disease.

3. An act of repentance. The first liturgical act of churches facing HIV/AIDS now should be an act of repentance. I cannot speak for African churches, but it is clear for churches in the Western part of the world: they should confess their guilt as the beginning of a creative metanoia that makes them free to respond more constructively to the crisis.[16] The church should stand where God stands, Belhar was right in proclaiming. God stands with the people suffering from exclusion, stigmatisation because they are HIV infected, with the people dying of AIDS. God stands with the mourning widows and the orphans who stay behind without future – and the churches should stand and stay with them, sharing their bread with them as Jesus did with the lepers (Marc. 1: 41; Math. 26:6). Churches should have been forgiving and healing communities. But 20 years into the pandemic, with some 46 million people infected and at least another 20 million dead [17]- churches worldwide fall short in their vocation. Even if they stand now where God stands – and a lot of church initiatives on grass root level concerning people living with HIV/AIDS have been taken by now - they seem to be standing there too late. ‘The reaction of the churches has by large and by been inadequate, and in some cases has made the problem even worse’, the WCC admits in 1997.[18] Again, I can only speak for my own church and its congregations. In the early eighties, when the epidemic started, they reacted far too late. Most main line churches responded to the disease with the elite morality of middle class people who blamed homosexuals and drug users for their promiscuity and addiction. They considered their HIV/AIDS contamination as the reward of their sin. Theologians did not recognize the challenge HIV/AIDS meant for their theology, but went on with their business as usual. How about African theologians? Were they more alert? I do not know. Again, I only hear an African voice (again Maluleke’s) saying: ‘To be fair, these past ten years have seen some important innovative developments on the African theological scene. There have been serious attempts to address the new post-cold-war situation and to embrace it creatively. However, when it comes to the question of the challenge of HIV/AIDS, our theologians have been slow and silent – and we have reason to suspect
that, differences from country to country notwithstanding, the churches have been slow and quiet too. '[19]

Perhaps churches worldwide should repent for their sometimes double-hearted silence (1), their moralistic judgments (2), and their ambivalent reading of scripture that contributed to the spread of the virus.

Silence. Churches – at least those in my own European context - kept silent. They denied or minimised the problem’s significance. Perhaps the most important reason is that the virus is sexually transmitted, and churches find it embarrassing to speak about sex. The morality of the Western main line churches is middle class bourgeois morality, and in the northern countries AIDS is associated with drugs use, homosexuality, and prostitution; practices church members stay far from (at least they say they do). More in general, throughout the Christian *Oikomene*, churches have difficulties in dealing with sexuality; talking about sex, also heterosexuality, is a taboo. For the Christian tradition as such has a disturbing and ambivalent theological relationship to sex. There is a strong tendency – certainly within the Reformed churches – to associate it with sin and shame. Sex is surrounded by fear, and associated with danger and death. So although – no *because* - everybody does it privately, you do not talk about it publicly. In the prevention of HIV/AIDS however, this silence kills. The HI-Virus is not simple transferred by semen or other bodily fluid; it is also spread by the ‘conspiracy of silence’ in which churches are taking part. [20]

Moral judgments: Once church members are infected with HIV and suffering of AIDS the silence has to be broken and they run the risk of being subject to a discourse of condemnation and exclusion. If churches talk about sexuality publicly, it is mostly in a judgmental way. In church, sexuality still seems to be a matter of Law, and not of Gospel. Sex is rarely accepted as a joyful gift of God, but mostly feared as a seduction to sin. In politics, radical Christian ethicist may consult the Sermon on the Mount, in sexual affairs they may often stick to Leviticus. [21]

Exclusion: ‘the hardest part of having the disease is not the illness itself or facing the prospect of death and dying, but experiencing the fear and the reality of rejection from friends, family, church members, medical professionals, and even strangers.’ [22] Many church congregations have developed networks of dedicated volunteers who care for the people living with HIV/AIDS. There are new saints among us, who follow Jesus in their compassion with the sick and the dying. But theologically churches often speak with a double tongue. In some churches the first
question that is asked: how did you get infected? In stead of: how can I help and comfort you? People with HIV/AIDS are not only treated as sexual deviants but also as religious sinners. But AIDS is a disease, not a sin. As long as churches do not communicate that message clear and straightforward, they frustrate prevention of HIV/AIDS and people living and dying with it are left alone.

In his *Ethics* Dietrich Bonhoeffer proposes a guilt confession for his Church that failed to confront the Hitler regime. His radical[23]words may be considered to be repeated facing HIV/AIDS:

“She has often been untrue to her office of guardianship and to her office of comfort. And through this she has often denied to the outcast and to the despised the compassion she owes them. She was silent when she should have cried out because the blood of the innocent was crying aloud to heaven. She has failed to speak the right word in the right way and at the right time.’” (*Ethics* (SCM Press, 1955, 92.)

4. The Unity of the Church. Christian thinking on AIDS is inclined to be guided by an exclusive, judgmental perspective, which divides the world in an ‘us’ and a ‘them’, those infected and those who are not. In the Western world, in the early days of the epidemic HIV/AIDS was predominantly spread among men having sex with men and among (intra-venal) drug users. It was known as the ‘gay disease’, ‘the gay cancer’. AIDS was interpreted as a punishment of God for the sin of homosexuality and promiscuity.

Once the virus concentrates itself in Africa and Asia, I observe a colonial mind-set reawakening within the Western world. Another line of separation is introduced: ‘we’ are the healthy, and ‘they’, in some distant country or continent, are the diseased; ‘we’ should offer ‘them’ some help, though we know their situation is hopeless. HIV/AIDS seems to be used as another brick in the ideological wall that the affluent world would like to build around Africa. The myth that AIDS origins in Africa is already nonsense, but is still persistent. It contributes to the even more outrageous idea that AIDS belongs in Africa.[24]

Belhar confessed the unity of the Church both as a gift and as an obligation. This unity, as was stated then, ‘must become visible so that the
world may believe that separation, enmity and hatred between people and groups is a sin which Christ has already conquered, and accordingly that anything which threatens this unity may have no place in the Church and must be resisted.' These prophetic passages should be read and reinterpreted again in the light of the HIV/AIDS pandemic. HIV/AIDS threatens the unity of the church by dividing the world in two - both in local congregations where members are stigmatised and excluded, as well as on a ecumenical level, where Western churches ignore the urgency of the situation and fail to respond to the call of their sister churches in the high prevalence parts of the world.

The lines of separation in the *Oikomene* no longer seem to be based on racial differences, but on viral contamination zones: those who are infected stand apart from and against those who (still) are not, separated along the lines of a theology of Purity and Holiness, at right angles to the gospel of Jesus. Churches, at least as far as I know them in my own context, should confess that they fall short in faithful discipleship.

However, in church, AIDS touches us all. Theologically, as I shall point out below, but also factually: at every level in the church, Christians are dying of AIDS. If a difference should be made, than only between those who are *infected* and those who are *affected* by HIV. The hidden doctrine that separates the church in infected and clean, the soiled and the pure, sinners and saints separates people sinfully and should be rejected as a heresy. We ‘share one faith, have one calling, are of one soul and one mind; have one God and Father, are filled with one Spirit, are baptised with one baptism, eat of one bread and drink of one cup, confess one Name, are obedient to one Lord, work for one cause, and share one hope.’ (Belhar) Not getting HIV/AIDS is sin, but not have got it and be proud of that. How a person got HIV/AIDS should make no difference in the Church. The gospel should guide us, instead of the law of Leviticus. Let us respond to people with HIV/AIDS as Jesus responded to the lepers of his time: embracing and healing them compassionately (Matthew 8: 1-4; Luke 17: 11-19), inviting his disciples to do the same (Math. 10: 18), sharing the table with them (Mark 14: 3-9). In doing that, Jesus left behind the law tradition where leprosy was considered to be a punishment for sin, that should be met with social exclusion (cf. Numbers 12: 10 – 15; 2 Kings 5: 27; 15:5; 2 Chronicles 26:20f.).[25]

The church is *koinonia* or it is not the church. We are all members of each other. That means: what inflicts my brother or sister also afflicts me. Christians should be united in a solidarity of suffering. ‘We are all HIV-positive.’[26] Here, the essence of the Church is at stake. What does it
mean to read 1 Cor. 12 (‘...there should be no division in the body, but ... its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honoured, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it’) in the midst of the epidemic? To be the Body of Christ when this Body has AIDS? ‘Christianity is the religion of the incarnation par excellence, a religion of the body’, Sally McFague writes in her The Body of God.[27] ‘Its earliest and most persistent doctrines focus on embodiment: from the incarnation (the Word made flesh) via Christology (Christ was fully human) to the Eucharist (this is my body, this is my blood) the resurrection of the body, and the church (the body of Christ who is head.’ HIV/AIDS challenges us to despiritualise Christianity.[28]

5. A comprehensive approach. A realistic (1), comprehensive (2) and balanced approach of the churches towards the HIV/AIDS pandemic is needed. Churches will not bring the solution; sometimes they are part of the problem. But the crisis will not be conquered without them.[29] So even when they cannot provide a definite answer, they are challenged to give a creative response.

Realistic. Therefore the church should be first of all realistic and face the facts. Almost 87 percent of all the HIV infections in Africa are transmitted through heterosexual intercourse, a percentage that is also growing in western countries.[30] When churches preach Abstinence, fidelity within marriage (Be Faithful), forbid children to have pre-marital sex, and only in final instance advice the use of Condoms (the so-called ABC approach) – they do not acknowledge the reality that in every culture and in all religious communities persons do have multiple partners, experience same-sex relationships, frequent sex-workers, engage in sexual contacts outside marriage, and sexually experiment in their youth. In the Christian tradition abstinence (the first command in the ABC approach) was a device for saints, the consilium evangelium for a spiritual and moral elite. It should not be made the first command for masses of young people discovering their body and the intimacy with others. The churches’ unrealistic sexual ethic leads to denunciation and denial. Safe sex requires that both partners agree to be with only one partner for life. However, these are rare exceptions. Principles of abstinence and faithfulness should not be abandoned[31], but the order in the ABC of prevention should be reversed. First of all, as a categorical obligation for everyone having sex: use condoms (you MUST); then: be faithful as an imperative of love (YOU SHOULD); and finally, for the
saints: abstain (you MAY). Instead of preaching abstinence in our sermons, we should – as a story of Maputo, Mozambique reports - bless condoms as part of the celebration. [32]

**Comprehensive.** The approach should be balanced. The church should not narrow its response to sexual ethics and pastoral care, nor reduce HIV/AIDS to a 'disease of poverty' and a matter of global justice. The virus is transmitted mainly by sexual intercourse. But it is also spread by cultural conventions, religious ideologies, economic dependency, political domination, and the inequalities of power between men and women. HIV/AIDS should not be left over to doctors and fund raisers; it has a religious, a political, an economical component as well. It is not a matter of cure and care only, but also of faith, ideology and justice. In this respect, little seems to have changed since Belhar.

6. **AIDS as a matter of justice.** A cynical observer might wonder whether HIV/AIDS is not the prolongation of racism with other means. Donald Messer reports about a woman who met a white South African couple while on vacation in Amsterdam who confidentially announced: 'You know, in South Africa, we won’t have a black problem much longer; it is being taken care of by AIDS.'[33] HIV/AIDS is primarily experienced and labelled as a health problem. It is a disease, yes. But precisely as a health issue it is more than that. HIV/AIDS as such does not exist; HIV/AIDS never comes alone. It is wrapped in (economically, politically, gender based) power, and in narratives that legitimate it.

This broader context should question the individualistic and moralistic approach of people living with HIV/AIDS within the churches. Instead of fighting HIV/AIDS, we may only fight the sick. In moral philosophy a principal difference is made between different kinds of moral judgment. It is morally justified to blame some one who is acting responsible. You can hold someone responsible if he or she has had the power to act otherwise. Responsibility does not always imply consciousness – the drunk driver who crashes a child is responsible, though he did not know what he was doing - but always implies the *availability of alternatives.* But children who are born with HIV, women who are married to unfaithful partners, women and girls who are raped, do they have alternatives? They were condemned to HIV/AIDS. And what choice do sex workers have, who have to ‘choose’ between dying of hunger or
selling their bodies? What ‘choice’ do truckers, soldiers, migrant workers have, away from home for months and months?

Is this virus democratic, non-sexist, non-racial and incurable, as the South African satirist Pieter-Dirk Uys is saying in order to mark its difference with apartheid? One can have doubts about that. The virus is not democratic, for it affects the poor; it is sexist, because it hits especially women; it is racial, because it touches the black community far more than the white; it is curable, in the sense that there are anti-retroviral drugs available, but only for a happy few rich who have financial access to them.

7. Poverty. The wide spread of HIV/AIDS is inextricably related to poverty (war, drought, malnutrition, limited health care, lack of education).[34] In the high prevalence countries, all people are affected by the epidemic. They are either themselves infected with HIV/AIDS or are affected as surviving members of the family, as orphans and as members of the wider community. Poverty fosters the spread of HIV and exacerbates the impact on individuals, communities and societies. In turn, HIV/AIDS itself leads to the ‘misery-go-round’ of more poverty. On a global scale, HIV/AIDS disproportionately affects people in poor countries and the poorer groups within the rich industrialised countries [35]

If justice can be defined as having an equal chance to the access of primary life provisions, HIV/AIDS reveals global injustice.[36] Hunger and HIV work together: HIV positive people, who are also malnourished, sicken en die faster. And hungry people are more likely to resort to sex work in order to buy food. [37]In turn, HIV/AIDS will make poor countries poorer. It kills people at their most productive age, and often more than one in a family. Breadwinners sicken and die. Children drop out of school to take over adult roles at home.

The effects of the globalisation of the market economy combined with the HIV/AIDS pandemic may be cynically described as a ‘genocide by indifference.’[38] The politics of power, disguised in international patent disputes and in the negotiation of trade treaties, is responsible for the deaths of millions (Messer, o.c. 142).

What should be the response of the churches? They mourn, bury, counsel and care, what can they do otherwise? They can protest. Despite their priestly vocation on this very kairos, they should not forget their prophetic role and denounce the ruinous role of uncontrolled economic globalisation vis-à-vis the poor and the destitute. The churches – those at
the northern hemisphere included - should consent to the WARC
declaration at Accra, 2004, and 'reject the current world economic order
imposed by global neoliberal capitalism'. (World Alliance of Reformed
Churches, 24th General Council, Accra, Ghana, July 30 – August 13

8. Gender. HIV-AIDS reveals a radical gender inequality. A major factor
in the spread of AIDS is the powerlessness of women; their incapacity to
make decisions about their lives is due to the lack of material ownership
and decision making powers.[39] In most cultures gender roles make
them subordinate to men. Women are expected to be ignorant about sex
and passive in sexual interactions. Men, however, are expected to be
sexual active, experienced. To be proactive then in negotiating safe sex is
difficult.[40] Poverty makes it more likely that women will exchange sex
for money or favours, less likely that they will succeed in negotiating
protection, and less likely that they will leave a relationship that they
perceive to be risky. Poverty-stricken women are more likely to become
infected with HIV and transmit the virus on to others. Male violence
against women contributes both directly and indirectly to women’s
vulnerability to HIV.[41] ‘Men transmit the disease to their spouses and
girlfriends, but the women are blamed and often tossed out of the home.
They not only die, they die alone.’[42] What should be the response of
the churches? In order to develop a theology of gender equality and
justice they not only should strengthen the position of women in society
and church, but also critically discuss the leading images of masculinity
dominant in theology and church structure. Gender justice is not only a
matter of women emancipation, but also of the (self-) liberation of men
from the patriarchal patterns that continue to pervade our cultures and
religions. Church leaders throughout the world are still in majority men
who are not ready to discuss their own masculinity but legitimate it with
ideological interpretations of Scripture (f.e. Ephesians 5:22; 1 Cor. 7:5).
HIV/AIDS confronts us with deep, globally spread, cultural conventions
about male sexuality that contribute to the spread of the disease: sexuality
used as an instrument of power and aggression, and the identification of
intimacy with genital sex. Metanoia acquires a new meaning: men should
convert themselves to respectful behaviour and a sexuality of erotic
tenderness.[43] Are we still talking about politics then? Yes, but
‘life politics’ (A. Giddens) now, in which power as a matter of
transformative capacity is located within our own self-understanding. In
life politics the personal is political.[44] Gender politics is no longer an
elitist feminist theme; HIV/AIDS makes it a global priority. In - what
Anthony Giddens calls - emancipatory political struggles against power hierarchies the first virtue of leadership is *courage*. Life politics, which has to do with self identity, requires different first virtues, such as honesty and respect. The HIV/AIDS prevention campaigns need role models, men who embody a different masculinity. Where are the leaders, the role models here in politics and in the church?

9. *By way of conclusion.* In the third century, devastating epidemics decimated the population of cities of the Roman Empire. At the height of the second great epidemic – probably measles or smallpox –, around 260, Bishop Dionysius from Alexandria wrote in a pastoral Easter letter to Christians from his local congregation; many of whom lost their lives while caring for others.

> ‘Most of our brother Christians showed unbounded love and loyalty, never sparing themselves and thinking only of one another. Heedless of danger, they took charge of the sick, attending to their every need and ministering to them in Christ… Many, in nursing and curing others, transferred their death to themselves and died in their stead.’

> After having described at length how the Christian community nursed the sick and dying and even spared nothing in preparing the dead for a proper burial, he noted:

> ‘The heathen behaved in the very opposite way. At the first onset of the disease, they pushed the sufferers away and fled from their dearest, throwing them into the road before they were dead and treated unburied corpses as dirt, hoping thereby to avert the spread and contagion of the fatal disease; but do what they might, they found it difficult to escape.’ [45]

When, facing the HIV/AIDS crisis, there is a difference to be made between ‘us’ and ‘them’, then it is not along the lines of the pure and the impure, but between those who flee, and those who stay. Those who cared for the least of Jesus’ brothers and sisters, and those who never did (Math. 25).

To put it differently with Albert Camus’ in his novel *The Plague*: ‘All I maintain is that on this earth there are pestilences and there are victims,
and it’s up to us, so far as possible, not to join forces with the pestilences.’[46]

[1] The HIV (human immunodeficiency virus) ‘weakens the human immune system, prompting the body to be more susceptible to various infections, leading to acquired immune deficiency syndrome (AIDS). The virus is primarily transmitted from person to person by the body fluids of semen, blood, vaginal secretions, and breast milk. Persons may get infected while (1) having vaginal or anal sex, (2) using dirty needles during intravenous drug injections (3) getting contaminated blood transfusions, (4) being born, and (5) experiencing careless or accidental medical procedures.’ (Donald E. Messer, Breaking the Conspiracy of Silence. Christian Churches and the Global AIDS Crisis, Fortress Press/Minneapolis, 2004, 42) ‘AIDS is a syndrome of various symptoms and clinical pictures, caused by the weakening of the immune system as a result of an infection with HIV. It is the last stage of HIV disease, and is characterized by the appearance of a multitude of opportunistic infections, resulting from the breakdown of the immune system. These include pneumonias, skin diseases, diarrhoeal diseases and various forms of neurological infections. Other neurological symptoms include loss of memory and difficulties in walking. In addition, particular forms of tumours, such as Kaposi’s sarcoma, develop more frequently than in healthy persons. In Africa, tuberculosis is the most common opportunistic infection. The median survival time after an AIDS-defining complication is 1.3 years, in the absence of an antiretroviral therapy.’ Sonja Weinreich/Christoph Benn, AIDS - Meeting the Challenge. Data, Facts, Background, WCC Publications, Geneva 2004, 2.


[3] An orphan in the HIV/AIDS terminology is defined as a child under the age 18 who has had at least one parent die. Cf. UNAIDS - Report on the global AIDS epidemic: ‘When one parent is HIV-infected, the probability is high that the other parent is as well. Therefore, children often lose both their parents in quick succession. The child’s suffering is often compounded by being separated from his or her siblings.’ (http://www.unaids.org/bangkok2004/GAR2004_html/GAR2004_00_en.htm )

[4] Weinrich/Benn, o.c., 32; Messer, o.c., 91.

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[8] ‘For many women, above all in Africa, the greatest risk factor for HIV infection is that they live in a monogamous relationship in which the husband has more than one partner, and at the same time they are not in a position to either refuse sex or insist on the use of condoms.’ (Weinrich/Benn, o.c. 26)

[9] ‘The risk of HIV is higher for girls, since their genital organs are not yet mature, and is higher for females if sex takes place violently.’ (Weinreich/Benn, o.c. 3) Due to cultural practices of cross generational sex the infection rate for especially young women between fifteen and nineteen is five to six times higher than for young men.

[10] For that reason, Messer, o.c. 79 writes that ‘the most endangered people on earth are married women … getting married is the riskiest sexual behaviour an African woman can engage in.’


‘We as a group of theologians have been trying to understand the theological significance of this moment in our history. It is serious, very serious. For very many Christians in South Africathis is the kairos, the moment of grace and opportunity, the favourable time in which God issues a challenge to decisive action. It is a dangerous time because, if this opportunity is missed and allowed to pass by, the loss for the church, for the gospel, and for all the people of South Africa will be immeasurable... A crisis is a judgment that brings out the best in some people and the worst in others. A crisis is a moment of truth that shows us up for what we really are. There will be no place to hide and no way of pretending to be what we are not in fact. At this moment in South Africa the church is about to be shown up for what it really is and no cover-up will be possible.’


‘The only way to turn back is through recognition of the guilt incurred towards Christ.’ Bonhoeffer, Ethics, 89. [‘Umkehr gibt es nur auf dem Wege der Erkenntnis der Schuld an Christus’. Ethik, 124.]

Messer, o.c. 149.

The Impact of HIV/AIDS and the Churches: Response, 1.


‘Sexuality is a topic the church has found difficult to address. Its silent and joyless condemnation of sexuality in general has been a contributing factor in the spread of AIDS.’ (Canon Susan Cole-King, cited by Messer, o.c. 27)

‘Yet when conversations focus on issues related to sexuality, suddenly Christians start focusing almost exclusively on the limited biblical passages that speak negatively of same–sex relationships (such as in Leviticus) rather
than the powerful, life-giving teachings of Jesus (who himself apparently never spoke about homosexuality.)’ (Messer, o.c. 54)

[22] Messer, o.c. 67. ‘… most people do not fear so much the possibility of an early death but the world of stigma and shame thrust upon them. The cultural environment becomes the great killer, forcing individuals and families to hide the disease.’ (idem, 68)


African church leaders confessed in 2001 (Nairobi, WCC, ‘Plan of Action. The Ecumenical Response to HIV/AIDS in Africa’, Global Consultation, November 2001): ‘we have contributed both actively and passively to the spread of the virus. Our difficulty in addressing issues of sex and sexuality has often made it painful for us to engage, in any honest and realistic way, with issues of sex education and HIV prevention. Our tendency to exclude others, our interpretation of the scriptures, and our theology of sin have all combined to promote the stigmatization, exclusion and suffering of people with HIV and AIDS.’ (Cited in Messer, o.c. 52) With explicit reminiscence to Belhar, the URCSA confesses in her declaration on the issue: ‘That we have not always showed support and love for people living with HIV/AIDS as we should have. We ask for forgiveness for our lack of love and understanding. … That the church as God's possession must stand where God stands with those who are living with HIV/AIDS and against discrimination, rejection, and prejudice against people living with HIV/AIDS (Belhar Confession).’

But where is the Reformed ecumenical support? On the 24th Assembly of the WARC (Accra, August 2004) AIDS was only considered a priority concern ‘along with dozens of other priorities for its work over the next seven years’ (according to the WARC website, visited in oktober 2004). Some delegates protested against the propagation of condoms while they may promote promiscuity, and homosexuality was a too controversial issue to be put on the agenda again.

Cf. in this respect also the almost desperate personal comment of Christoph E. Mann, leader of the Ecumenical HIV/AIDS Initiative in Africa, in EHAIA News, January 2004, no.4: ‘Where are all the big church
projects? Nobody in the church denies that HIV/AIDS is in the church, and that even if it were not, churches must respond to the suffering of the world. But very few quality projects that match the challenge are submitted to big donors by churches. Why? (…) where are all the big projects to help the ailing church hospitals, the orientation seeking youth, the isolated and stigmatized women who care for the sick, the orphans and impoverished children resulting from HIV? I can see only a few; they give hope, but are only drops in the ocean of the epidemic.’

[24] Nonsense as well: in Europe for example, after having been stabilizing in the 1990s, the virus is progressing rapidly again. Nowhere in the world the number of AIDS-patients is grower faster than in Ukrain and White-Russia. (NRC-Handelsblad 8 september 2004) In the EU around 1,3 million people are infected. Since 1995 the number has been doubled. Especially young people in the age between 15 and 25 are concerned. The number of HIV infections in the Netherlands is estimated between 16.500 and 23.000. (Dagblad van het Noorden, september 9, 2004). In North America and Western-Europe, HIV/AIDS is now viewed as a ‘chronic manageable disease’, though with many side effects and unforeseen long-term consequences. Public attention has diminished.


[26] ‘Thinking of oneself as HIV-positive – and it’s true anyway: we are bound to die, all of us - is a theological exercise that brings us closer to our infected sisters and brothers.’ (Messer, o.c. 37)


[28] ‘The body matters, and therefore the needs of the bodies provide the primary context for obligation’, McFague writes (o.c. 48). She points out how embarrassing bodily Jesus’ activities and message were, referring to his parables, his healing and eating practices, and how distinctive he was in his inclusion of the outcast and the oppressed. (o.c.170)

[29] The important contribution of faith based NGO’s is acknowledged by the UN ‘Emphasizing the important role of cultural, family, ethical and religious factors in the prevention of the epidemic, and in treatment, care and support, taking into account the particularities of each country as well as the importance of respecting all human rights and fundamental
freedoms”. (Declaration of Commitment on HIV/AIDS, ‘Global Crisis —
Global Action’, United Nations, from 25 to 27 June 2001, for the twenty-
sixth special session of the General Assembly.

[30] ‘… with lower proportions due to blood transfusions (2 percent),
imtravenous drug use (1 per cent) and mother- to-child (10 percent).’
(Weinrich/ Benn, o.c. 3) Heterosexual transmission is a growing route in
Western countries as well (24%, against 39% homosexual, 37% IV drug use,
idem 4).

[31] However, they should be seriously questioned and relativised. Total
abstinence indeed is one guarantee of not getting infected, the other however
is being a women and becoming lesbian, Messer, o.c. 50, 42. However,
being faithful to your husband in combination with unprotected sex is the
greatest risk married women run of getting infected.


[33] Messer, o.c. 10. Racists see Aids as an answer to their prayers: 'Soon
there will be a white majority government in power!'" "Does a person with
HIV change colour from white to black?" (Pieter-Dirk Uys, South African
satirist, but not joking here). All the above are true and happened in South
Africa - except for the last comment, which was from a 13-year-old girl at a
school in London . Ivan M. Abrahams, Methodist Bishop of Southern
Africa : ‘HIV/AIDS is the new apartheid of discrimination and
stigmatization. Previously apartheid meant lack of access to opportunities
and institutions; now it means lack of access to the life sustaining anti-retro-
viral medicines.’ (cited in Messer, o.c. 141)

[34] ‘It is no coincidence that 90 percent of people infected with HIV live in
developing countries. Here, 800 million people lack access to clean water
and are wanting for basic health care and perinatal care, primary education,
nutrition and sanitation, all of which grievously affect their physical well-
being and make them vulnerable to disease. Not only do people living in
poverty suffer general loss of health but they are forces to adopt survival
strategies that expose them to health risks. Families break up as men seek
work in cities where they meet women, themselves under economic duress,
who are willing to trade sexual access for a roof over their heads and some
financial support. Inevitably less money reaches families back in the rural
areas and poverty spirals.’ (D. M. Ackermann, ‘Seeing HIV and AIDS As a
supplementum 2004, 214 – 220. Lack of education about sexuality and
HIV/AIDS in particular means that young people believe that if a person
looks healthy then there is no danger. (Messer, o.c. 81)

[36] ‘Only 5 percent of women have access to drugs preventing mother-to-child transmission. Just 12 percent of people have access to voluntary HIV counselling and testing. Of those at high risk, 24 percent have access AIDS education. Only 42 percent of people in need have access to condoms.’ Only 10 percent of the global HIV/AIDS budget is spent in poor countries, although 92 percent of all HIV infections have occurred there. (Messer, 118)

[37] To put it more bluntly: ‘It is hard to persuade a poor person, or one in a dangerous job like mining, to give up an orgasm today so that they can, in ten years’ time, prolong their enjoyment of endemic unemployment, poverty and conflict.’ (E. Pisani, cited in Guest, o.c. 5)

[38] Western pharmaceutical giants refuse permission for making generic copies of patents. The lack of funding for HIV/AIDS is described by as Stephen Lewis, UN’s secretary-general’s special envoy for HIV/AIDS in Africa, as ‘Mass murder by complacency’. The US spend during the 1990s 70 million dollars per year for the HIV/AIDS campaigns in the Two-Third World. The Pentagon budgeted 50 million to provide American troops and retirees with Viagra when it first came available. What is the 15 billion Bush spends on HIV/AIDS in Africa and the Caribbean against the 1 billion a week of the war in Iraq? (Messer, o.c. 145)


45 – 54. Due to cultural practices of cross generational sex the infection rate for especially young women between fifteen and nineteen is five to six times higher than for young men. And talking about widows, in some traditions the practices of widow inheritance and widow cleansing prescribe that a widow should be “cleansed” by having sexual intercourse with a stranger three days after her husband is buried so she can be “inherited” by one of her husband’s relatives. Besides dehumanizing the grieving woman, the tradition exposes her to HIV. Old widows in rural Zimbabwe are accused of bewitching people with AIDS. (Messer, o.c. 85)

[40] ‘It is no coincidence that 90 percent of people infected with HIV live in developing countries. Here, 800 million people lack access to clean water and are wanting for basic health care and perinatal care, primary education, nutrition and sanitation, all of which grievously affect their physical well-being and make them vulnerable to disease. Not only do people living in poverty suffer general loss of health but they are forces to adopt survival strategies that expose them to health risks. Families break up as men seek work in cities where they meet women, themselves under economic duress,
who are willing to trade sexual access for a roof over their heads and some financial support. Inevitably less money reaches families back in the rural areas and poverty spirals.’ D. M. Ackermann, o.c.

[41] Cf. note 11.

[42] Messer, o.c. xv.

[43] ‘Harmful concepts of masculinity must be exposed and other models of masculinity must be shared. New ways of positively relating to women must be introduced. Men must be viewed not simply as part of the problem, but critical to the solution.’ (Messer, o.c. 80)

